



JUNIPER RIDGE ELEMENTARY SCHOOL

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Kamloops, BC V2E 2E9

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<http://juniper-ridge.sd73.bc.ca/>

Principal: Colleen Wood Vice-Principal: Andrea Mangell Secretary: Stacey Kinney

REACH HIGH ~ SERVE WELL ~ LEARN TOGETHER

November 12, 2021

Dear Parents/Guardians:

Wednesday we held our annual Remembrance Day Assembly. It was a special time of honoring and remembering those who have and continue to serve, as well as those who have made the ultimate sacrifice for our country. Special thanks to our students and teachers who recited a poem and sang in the assembly. A revised volleyball season started this week for many of our intermediate students. Again we want to thank our staff coaches our parent drivers, referees and fans for providing this opportunity for our students.

We've had a couple of staff changes at Juniper Ridge Elementary School. Please join me in welcoming Ms. Kiland & Ms. Harpman to our school community. Ms. Kiland works in the office supporting the many tasks required in a school of our size and Ms. Harpman, is teaching in one of our Grade 6 classes, replacing Ms. Shaw. A warm welcome to our school!

With the colder weather, we are all starting to wear heavier coats and footwear. Please continue to be mindful of the weather each day and have your child dress appropriately, as we do enjoy being outside for recess and lunch breaks. You may consider writing your child's name inside their boots and coats to assist with any mix-ups.

During COVID our water fountains are used as refilling stations for water bottles. Please help remind your child to bring their water bottle to school each day. By doing this, it alleviates the to purchase disposable cups. In the same thread, please continue to send your child to school with a mask each day. We continue to remind students not to litter and leave their masks on the ground while playing during recess and lunch breaks. You may consider purchasing your child a face mask holder or lanyard so their mask is always at the ready when they transition between inside and outside areas.

Thank you for continuing to keep your child's important contact information, legal, and medical alerts up-to-date with the school office.

Regards,

Mrs. Wood, Principal



DAILY HEALTH CHECK

Staff, Students and Visitors

Staying home when you are not feeling well is a critical step in communicable disease prevention.

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	
Body aches	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption . Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival, as part of federal requirements .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department. Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.

Keep this copy as a reference

Updated September 27, 2021